

CARING COMMUNITY AWARDS

2011-12 Community Grantees

Thirty Peninsula nonprofit healthcare and community service agencies have received \$1.635 million in Sequoia Healthcare District Caring Community grants to support programs serving several hundred area residents.

This funding represents about seven percent of Sequoia Healthcare District's more than \$10 million in total community support, but has an outsized impact on the district's most vulnerable populations — homebound seniors, infants and children who would otherwise not receive healthcare, the hungry and homeless of all ages.

Average grant size is \$55,000. Funding went to nine programs focused on children's health, six on programs for adults, 10 on adults and five on families. As a proportion of funding, the breakdown was 26 percent of total funding for children's programs (\$430,000), eight percent for adults (\$125,000), 37 percent for the elderly (\$605,000) and 29 percent for families (\$475,000).


This is the 11th grant cycle for the Caring Community program, which in total has returned more than \$23 million to the community.

Through Caring Community Grants, the Healthy Schools Initiative supporting four public schools district, a nursing baccalaureate program, the HeartSafe program and public clinic funding, Sequoia Healthcare District directly assists more 35,000 women, children and seniors in the district, which includes the cities of Atherton, Belmont, Menlo Park, Portola Valley, Redwood City, San Carlos, Woodside, and portions of San Mateo and Foster City from Skyline Boulevard to the Bay.

Grant awardees were presented their first six-month awards at ceremonies held

June 7 at Ralston Hall on the Notre Dame de Namur University campus in Belmont. The university donated use of the facility as a gift to the district program.

Grant award sizes and purposes, awardees and grant award presentation attendees follow.

 **Adapt Foundation** (\$15,000), mental health program for friends and family affected by drug and alcohol addiction — www.adaptfoundation.org



(L-R) Sequoia Healthcare District Board Member Katie Kane, San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Taffy Handy, Adapt Foundation Treasurer, Rodney Clark, Adapt Foundation President, Sequoia Healthcare District Board Member Katie Kane.

☑ **Advocates for Accessible Recreation (AFAR)** (\$50,000), providing scholarships for needy families and assisting in program development for the Redwood City Special Needs Program — www.afarinc.org



(L-R) Sequoia Healthcare District Board Member Katie Kane, San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, San Carlos Parks and Recreation Specialist Christina Coronado, Bill Klieves, AFAR President, Sequoia Healthcare District Director Jerry Shefren, AFAR Board Member Vasilis Rousseas (front).

✔ **Boys and Girls Clubs of the Peninsula** (\$75,000), *Triple Play: A Comprehensive Health & Wellness Program* empowering youth & families to strengthen their physical, mental, and social well-being through athletics, physical education, family engagement, substance abuse prevention, health education and healthy meals; • **Boys and Girls Clubs of the Peninsula** (\$40,000) to extend after-school program to include additional 100 wait-list children. — www.bgcp.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Lauren Weston, Boys and Girls Club Development Director, Nicki Sawaya, Boys and Girls Club Development Associate, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Catholic Charities** (\$60,000), for an adult day care center in San Carlos, funds to be used to offset monthly dues for those who cannot pay full tuition.



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Talia Smith, Catholic Charities Grants Manager, Michael Smith, Catholic Charities Case Management Coordinator, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✔ **Court Appointed Special Advocates (CASA) for Children** (\$50,000), serving African American and Latino/Hispanic foster children of all ages — www.casaofsanmateo.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Patricia Miljanich, CASA Executive Director, Barbara Christensen, CASA Board Member, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✔ **City of San Carlos Recreation Department** (\$25,000), supporting the senior lunch program and providing food subsidies for low-income seniors — www.cityofsancarlos.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Anna Kertel, Recreation Supervisor, San Carlos Recreation and Parks Dept., Andy Klein, San Carlos Vice-Mayor, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Children's Health Council** (\$30,000), financial aid for resident families who need access to the Children's Health Council clinic — www.chconline.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Dr. Joan Baran, Director of Clinical Services, Children's Health Council, Andrew Cope, Director of Advancement, Children's Health Council, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✔ **Community Overcoming Relationship Abuse** (\$100,000), enabling CORA's Family-Centered Mental Health (FCMH) program to provide counseling to clients, decreasing post-traumatic stress disorder symptoms, preventing re-victimization, diminishing abuse in children affected by domestic violence, and preventing the intergenerational transfer of violent behaviors. CORA (Community Overcoming Relationship Abuse) is the only comprehensive services agency in San Mateo County solely dedicated to ending the intergenerational cycle of domestic violence — www.corasupport.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Melissa Lukin, CORA Executive Director, Kelly J. Shindell, Co-Chair, CORA Board of Directors, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✓ **Edgewood Center for Children and Families** (\$100,000), *HealthyKin* empowers relative caregivers and parents by providing non-judgmental and respectful health care services in a safe, confidential and caring environment; services include Chronic Disease Self-Management Programs (CDSMP), fitness and nutrition workshops, in-home nursing case management, exercise classes, and family disaster planning — www.edgewood.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Robin Randall, M.D., Edgewood Center for Children and Families Medical Director, Kristine Leja, Edgewood Director of Development, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✓ **El Centro de Libertad** (\$50,000), ethnically appropriate peer counseling, school-based prevention and substance abuse outpatient treatment for youth — www.elcentrodelibertad.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Robin Tomlinson, Executive Director, El Centro de Libertad, Danial Lanzarin, Youth Counselor, El Centro de Libertad, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Friends of Veterans Memorial Center** (\$50,000), — *Adaptive Physical Education Program*, exercise and physical activity for medically-referred seniors — www.adaptivepevmcsc.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Scott Lohmann, Instructor, Barbara McCarthy, Program Manager, Friends of Veterans Memorial Center, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Kainos Home and Training Center** (\$35,000), mental health initiative for developmentally disabled adults — www.kainosusa.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Barbara Rovins, Kainos Board President, Kristen Uthman, Kainos Development Manager, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Lesley Senior Communities** (\$75,000), supporting continued operations of the Assisted Living Facility at Lesley Terrace, an affordable housing community for older adults with extremely low incomes who need assistance with activities of daily living to maintain independence—
www.lesleyseniorcommunities.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Barbara Evers, Lesley Senior Communities Board Member, Sarah Lambert, Lesley Senior Communities Executive Director, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✓ **San Mateo County Mental Health Association** (\$30,000), supporting a public nurse serving 24 formerly homeless adults with severe mental illness — www.mhasmc.org

✓ **Mid-Pen Resident Services Corporation** (\$50,000), continuing *LiveltUp* program facilitating lifestyle changes, improving food choices in the community and connecting unserved and underserved residents in five housing communities to affordable, high-quality healthcare and resources — www.midpen-housing.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Juan Rios, Service Manager, Mid-Pen Residential Services, Corp., Terrance Thompson, Regional Services Manager,, Mid-Pen Residential Services Corp., Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Mission Hospice and Home Care** (\$35,000), supporting an expanded program of in-home services and palliative care for the homebound and outreach to faith-based communities — www.missionhospice.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Kevin Gilmore, Mission Hospice Treasurer, Sheila Young, Mission Hospice Board President, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **NAMI (National Alliance on Mental Illness) San Mateo County** (\$20,000), for programs to demystify and eliminate the stigma of mental illness — www.namisanmateo.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Stephen Way, Director, National Alliance on Mental Illness, Mike Stimson, Co-President/Treasurer, National Alliance on Mental Illness, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✔ **Ombudsman Services of San Mateo County** (\$50,000), to help investigate elder abuse cases, including quality of care, financial and elder abuse at certified long-term care facilities — www.ossmc.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Tippy Irwin, Executive Director, Ombudsman Services of San Mateo County, Judyi Johnson, President, Ombudsman Services of San Mateo County, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✔ **Pathways Hospice Foundation** (\$60,000), for the Chronic Care Management Program supporting homebound patients in the acute phase of chronic illness, coaching them to actively manage their disease with the goal of reducing preventable re-hospitalizations – www.pathwayshealth.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, JoAnn Kemist, President, Pathways Home Health & Hospice Board of Directors, Sandra Coolidge, Vice-President, Community Relations, Pathways Home Health & Hospice, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Peninsula Family Services** (\$50,000), supporting tai chi, yoga, healthy breakfasts and wellness programs for older adults at the Fair Oaks Adult Activity Center (no photo available) — www.peninsulafamilyservice.org

☑ **Peninsula Volunteers** (\$100,000), supports Meals on Wheels, delivering 150,000 hot, nutritious meals to homebound elderly and disabled adults annually; with each delivery a driver checks on the well-being of each client daily — www.peninsulavolunteers.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Jill Jerrehian, President, Peninsula Volunteers Board of Directors, Bart Charlow, Executive Director, Peninsula Volunteers, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Redwood City Police Activities League** (\$35,000) after-school health and wellness program for middle school children in the Taft neighborhood.



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Jim Gordon, Redwood City PAL President, Tom Cronin, Redwood City PAL Executive Director, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **St. Anthony's of Padua Dining Room** (\$100,000), providing 25,000 hot lunches for the homeless and low income families annually at St. Anthony's Redwood City dining room — www.paduadiningroom.com



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Bob Dehn, St. Anthony's Padua Dining Room Volunteer, Jim Branlett, Chair, St. Anthony's Padua Dining Room Board of Directors, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✓ **Sheriff's Activities League** (\$25,000), *Eat Right, Get Active, Reduce Screen Time* program for central county youth — www.sanmateo.ca.us



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Adam J. Reininger, Deputy Sheriff, Barbara Bonilla, Sheriff's Activities League Director of Community Services, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Second Harvest Food Bank** (\$100,000), alleviates hunger and improves nutrition to low-income families through its Produce Mobile and Family Harvest programs — www.shfb.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Tami Cardenas, Second Harvest Food Bank Director of Development and Marketing, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✔ **Service League of San Mateo County** (\$25,000), to provide services that promote health, prevent disease and support lifetime changes among high-risk women served by the Hope House residential and transitional programs — www.serviceleague.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Ross Hite, Board Member, Service League of San Mateo County, Mike Nevin, Executive Director, Service League of San Mateo County, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✓ **Shelter Network** (\$100,000), *Family Wellness Project*, to help vocational education food service youth improve the diet of low-income and homeless children susceptible to obesity and Type 2 diabetes — www.shelternetwork.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Brian Greenberg, Ph.D., Shelter Network Director of Programs and Services, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

✔ **Society of St. Vincent de Paul** (\$25,000), direct assistance for working poor families and individuals — www.svdp-sanmateoco.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Margaret Jung, Society of St. Vincent de Paul Director of Development, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.

☑ **Youth and Family Enrichment Services (becoming StarVista July 1, 2011)** (\$75,000), supportive housing, mental health and substance abuse counseling for homeless, runaway and former foster youth — www.yfes.org



(L-R) San Mateo County Supervisor and Keynote Speaker Adrienne Tissier, Sequoia Healthcare District Board Member Art Faro, Michael Garb, Chief Executive Officer, Youth and Family Enrichment Services, Stephen Marshall, Chair, Youth and Family Enrichment Services Board of Directors, Sequoia Healthcare District Director Jerry Shefren, Sequoia Healthcare District Board Member Katie Kane.