



FOR IMMEDIATE RELEASE

Sequoia Healthcare District
525 Veterans Blvd.
Redwood City, CA 94063

www.sequoiahealthcaredistrict.com

April 8, 2010

Contact: Don Shoecraft
Sequoia Healthcare District
Public Information
650-594-0556

SEQUOIA HEALTHCARE DISTRICT FUNDS 36 NONPROFITS FOR 2010-11 GRANT CYCLE

REDWOOD CITY — A record 36 nonprofit community health organizations will receive a combined \$2 million in Sequoia Healthcare District *Caring Community* grants as the result of deliberations concluded by the Sequoia Healthcare District Board of Directors Wednesday night.

It was also a record year in terms of grant requests, with 49 agencies submitting proposals totaling more than \$4 million for the cycle. The healthcare district and its Grants Review Committee of community leaders spent more than four months compiling, reviewing and deciding on the grant proposals. The district set four priority areas for grants this year: Basic need; healthy, active, engaged older adults, mental health and youth services.

Caring Community Grant recipients will receive their official notifications at a special reception to be held June 15 at Ralston Hall on the Notre Dame de Namur University campus in Belmont.

Grantees announced at the board's regular meeting Wednesday follow.

1. *Elder Care* — **Ombudsman Services of San Mateo County:** Basic need; healthy, active, engaged older adults: \$50,000 to help investigate elder abuse cases, including quality of care, financial and elder abuse at certified long-term care facilities.

2. *Public Health Nurse/Wellness Program* — **Mental Health Association of San Mateo County:** Mental health: \$20,000 to enable continuation of the Wellness Program at a 24-unit supported housing program in the City of Belmont.

3. *Meals on Wheels* — **Peninsula Volunteers:** Basic needs; healthy, active, engaged older adults: \$100,000 for meals for homebound elderly.

4. *Feeding the Needy* — **St. Anthony's Padua Dining Room:** Basic needs: \$100,000 assisting in providing a hot lunch six days a week to low-income and homeless people. St. Anthony's Padua Dining Room served 176,000 meals in 2009, averaging 570 per day on 312 serving days. The Caring Community grant will pay for 25,000 meals and related services.

5. *Produce Mobile Program/Family Harvest Program* — **Second Harvest Food Bank:** Basic need: \$100,000 to help the largest non-profit food provider in the county serve more than 230,000 individuals monthly.



SEQUOIA HEALTHCARE DISTRICT FUNDS 36 NONPROFITS FOR 2010-11 GRANT CYCLE

April 8, 2010

6. *New Ventures* — **Caminar**: Mental health: \$25,000 supporting a program that serves adults and older adults with psychiatric disabilities with intensive case management, community support, educational and jobs assistance and housing opportunities. Caminar is a 26 year-old program that serves more than 3,600 adults.

7. *Family Wellness* — **Shelter Network**: Youth services: \$100,000 to help vocational education food service youth improve the diet of low-income and homeless children susceptible to obesity and Type 2 diabetes.

8. *School Nurse* — **San Carlos School District**: Youth services: \$100,000 for one full-time nurse serving 3,000 K-8 students.

9. *School Nurse* — **Redwood City School District**: \$100,000 to fund one full-time school nurse to supplement the current staffing level of five school nurses for 16 school campuses.

10. *School Nurse* — **Sequoia Union High School District**: Youth services: \$100,000 to fund one full-time school nurse to supplement the current staffing level of one nurse to 8,500 students.

11. *Life Skills Program* — **Training and Health Education Center for Youth**: Youth services: \$75,000 for classroom instruction, peer training, physical activities and drug and alcohol counseling for up to 600 at-risk youth.

12. *Special Needs After-School Program* — **Advocates for Accessible Recreation (AFAR)**: Mental health, youth services: \$25,000 for 70 percent to 100 percent scholarship assistance for disabled youth participating in after-school recreation and fitness activities. Disabilities include autism, Down's syndrome and other significant physical and mental issues.

13. *Embracing the Community Project* — **Advocates for Children**: Basic needs, youth services: \$60,000 for inclusion of underrepresented communities, primarily Latino/Hispanic and African American, in Special Advocate volunteer pool.

14. *Triple Play Mind, Body and Soul Program* — **Boys and Girls Clubs of the Peninsula**: Youth services: \$60,000 to educate youth about nutrition, fitness and healthy relationships by emphasizing their impact on mental health, behavior and social interactions.

15. *Collaborative Counseling* — **Cleo Eulau Center**: Youth services: \$20,000 to provide direct psychotherapy services to at-risk youth experiencing severe adversity.

16. *San Carlos Adult Day Services* — **Catholic Charities CYO**: Healthy, active and engaged older adults: \$50,000 providing professional day care services and case management to frail seniors and support for their family caregivers.

17. *Family-Centered Mental Health* — **Community Overcoming Relationships Abuse (CORA)**: Mental health services: \$100,000 for comprehensive services for victims of domestic violence and their children. CORA serves 7,000 victims of domestic violence annually.

18. *Youth Intervention* — **El Centro de Libertad**: Youth services: \$50,000 for peer counseling, school-based prevention and substance abuse outpatient treatment for youth. The program is expected to serve more than 500 school-aged adolescents.



SEQUOIA HEALTHCARE DISTRICT FUNDS 36 NONPROFITS FOR 2010-11 GRANT CYCLE

April 8, 2010

19. *Senior Nutrition* — **Family Service Agency**: \$50,000- provide nutrition and physical fitness activities for older adults.
20. *Senior Day Program* — **Kainos Home and Training Center**: Health and wellness of older adults: \$25,000 for a new program for adults with developmental disabilities who are becoming more vulnerable to health problems as they age.
21. *Transitions Program* — **Mission Hospice**: Basic needs; healthy, active and engaged older adults: \$25,000 for case management and in-home services to those in extended hospice care.
22. *Advocacy, Education and Support* — **National Alliance on Mental Illness of San Mateo County**: Mental health: \$30,000 for programs to demystify and eliminate the stigma of mental illness.
23. *School-based Violence Prevention* — **Peninsula Conflict Resolution Center**: Youth services: \$35,000 for intervention programs and prevention at Sequoia and Menlo Atherton High Schools.
24. *Youth and Senior Health and Wellness* — **San Carlos Parks and Recreation Department**: Youth services; healthy, active, engaged older adults: \$50,000 for the San Carlos Adult Community Center and San Carlos Youth Center to support nutrition and social activities for youth 10-17 and for older adults.
25. *Hope House for Women* — **Service League of San Mateo County**: Basic needs: \$30,000 for health and nutrition services to low-income, high-risk, mostly uninsured women with the goal of changing behaviors for a lifetime.
26. *Académicos Soccer Program* — **Sheriff's Activities League**: Youth services: \$25,000 supporting a comprehensive program of recreational play, academics and volunteerism for 250 seven to 13 year-olds.
27. *SMART Program* — **San Mateo County Police Chief's and Sheriff's Association**: Mental health: \$100,000 helping to fund "SMART" teams that affect law enforcement response to mental health calls and minimize trauma of individuals subject of these calls.
28. *Adaptive Physical Education Program at Veterans Memorial Center* — **Veterans Memorial Center**: Healthy, active and engaged older adults: \$50,000 for exercise and physical activity for medically-referred seniors.
29. *Nutrition Program* — **Women's Recovery Association**: Basic health and nutrition: \$20,000 to fund nutrition program at the Women's Residential Program, a group home for adolescent girls.
30. *High School Health and Wellness* — **Youth and Family Enrichment Services**: Youth services: \$50,000 for gender-specific health and wellness education for youth at Sequoia High School, Woodside High School and Redwood Continuation who are otherwise not engaged in programs.
31. *Outpatient Clinic* — **Children's Health Council**: Youth services: \$25,000 to fund a clinic for children from birth through adolescence with developmental, behavioral, emotional and learning challenges.
32. *Healthy Gardens, Healthy People Collaborative* — **Collective Roots**: Basic needs, youth services: \$50,000 to engage youth in active outdoor education to promote health and improve nutrition in families and school communities.



SEQUOIA HEALTHCARE DISTRICT FUNDS 36 NONPROFITS FOR 2010-11 GRANT CYCLE

April 8, 2010

33. *Redwood City Middle and High School Summer Camp and Environmental Education Program* — **Hidden Villa:** Basic nutrition and youth services: \$50,000 – to support school gardens and science education in RWC schools.
34. *Housing and Supportive Services to the Homeless* — **InnVision The Way Home:** Basic needs: \$50,000 to house and transition the homeless. InnVision served 26,000 persons, served 500,000 meals and provided 165,000 nights of housing in 2009 in the Silicon Valley from Redwood City south.
35. *Lesley Terrace Assisted Living Facility* — **Lesley Senior Communities:** Healthy, active and engaged older adults: \$50,000 to assist in bringing online a new 24-unit assisted living facility for extremely low-income seniors.
36. *Part-time School Nurse and Part-time School Counselor* — **Portola Valley School District:** Youth services: \$50,000 to serve medically involved students and to meet county-mandated requirements for which funding is not provided.

###